



PENGUIN VETERINARY CENTRE

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1. TRAVEL – SICKNESS

Pets:

For pets, “Travel Sickness” is a combination of motion sickness and general anxiety.

It is natural for both dogs and cats to empty their stomachs if they are afraid: then they can fight better and run away faster.

Try to make travel an everyday event. Associate the car with fun (and not just with trips to the vet or a boarding kennel!).

“Travel sickness tablets”

Prescription [S4] preparations can be dispensed, with the vet’s OK for animals in our care ..., they should be under 7 years old, be one of our healthy regular clients, and have been health-checked by our vet within the previous 3 months For all other cases a consultation will be necessary first.

Veterinary Antihistamines [S4] do offset motion sickness, but may also have an unpredictable sedative effect.

Anxiolytic sedatives may be more suited, especially for older or ill pets

Anti-emetics: may be tablets, wafers or an injection [given here prior to travel]

B. **Non-Prescription options:**

1. **Thunder jackets**
2. **Feliway Spray** [cat] or **Adaptil Collar** [dog] ... natural pacifying pheromones
3. **Pet Calmer** [herbal]
4. **“Res-Q”** homeopathic drops for general anxiety.
5. **Canine Kwell** [4-tabs \$10] give one ½ hour prior to travel. This is NOT a sedative
6. **Diphenhydramine = Travacalm** [3 tabs \$10] at 5mg/kg [1 per 10 - 20kg] ½ - 1 hour before travel
7. **Zylkene** tablets = natural but strong calmative [see video info]

Travelling Farmstock:

Horses and cattle in particular can suffer acute calcium depletion under the stress of travelling. They become weak, wobbly, may shudder or collapse with a thumping heart. Immediate veterinary therapy is essential to save them.

Meantime: KEEP THE STRESS LEVEL DOWN.

Next time: Accustom them to the float // truck before travelling.

Ensure there is adequate, but not excessive, fresh air flow

Ensure there are no sharp protuberances, loose planks etc.

Avoid concentrates or new-to-them foods on the day of travel

Keep the float dim, protected.

Let them out for exercise if possible each couple of hours

Groom and massage at times during the trip. Etc.

2. Travelling to the Mainland.

Handout Available = inf R U Travelling to the Mainland?& can download on our website

www.penguinvet.com